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Winnipeg metro

Your essential daily news | TUESDAY, AUGUST 4, 2015 | High 22°C/Low 11°C Sun and clouds

WE CAN REBUILD HIM

CREATORS SAY HITCHBOT MAY RISE AGAIN

metroNEWS

HANG ON TO YOUR HATS

Lasha Talman, Kirstin Hoogmoed, Tara Galaugher, Heather Milne, and Daria Joquera Palmer show off their derby hats at the 67th Manitoba Derby on Monday. Flashy Jewel, with rider Adolfo Morales, won the $75,000 purse. DONNA MAXWELL/FOR METRO

Lack of debate a 'travesty'

PEDESTRIAN, CYCLING PLAN

Councillors have received independent legal opinion

Dave Baxter
Metro | Winnipeg

Winnipeg city councillors opposed to the city's newly adopted Pedestrian and Cycling Strategy plan are not giving up without a fight.

Three councillors now say the city broke the law when it did not allow debate on 22 proposed amendments to the 20-year, $330-million plan at a July 15 council meeting.

"It's a travesty that well-thought-out amendments were denied democratic debate," said Coun. Ross Eadie.

Couns. Eadie, Russ Wyatt and Jason Schreyer said they have received an independent legal opinion from firm Hill Sokolski Walsh Olson. Lawyer Dave Hill says the speaker's decision to shut down debate on 22 amendments was not based on any rule within the city's procedural bylaws.

Schreyer called the decision to not allow debate undemocratic.

The three councillors are now calling for the Pedestrian and Cycling Strategy Report to be placed on the agenda for the Sept. 30 council meeting, or call for a special meeting to allow for a revote "for full democratic debate, including any and all amendments."

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Your essential daily news

Research links genetic anomalies with cerebral palsy. **Canada**

IN BRIEF

WAG's Borys appointed to prestigious board

Winnipeg Art Gallery executive director and CEO Stephen Borys has been named to the Association of Art Museum Directors (AAMD) board of trustees and is now the only Canadian on the board.

"I am honoured to serve on the board and participate in constructive conversations around the important role art plays in our communities," said Borys in a news release.

AAMD represents 242 art museum directors in the U.S., Canada and Mexico and works to support its members in increasing the contribution of art museums to society. METRO

Portage Avenue loses its marbles to Mayfair centre

If it seems like a part of the city has lost its marbles, it's because it has.

The large marbles that have called the Portage Avenue median home for a couple of years have been moved to the Mayfair Recreation Centre at the corner of Donald Street and River Avenue. The marbles were created by artist Erica Swendrowski and were a collaborative project between the Winnipeg Arts Council Public Art Program and the Downtown Winnipeg BIZ. Not all of the marbles have rolled away from Portage Avenue, as there are still some in the Air Canada Park and the surrounding planters on Portage Avenue. METRO

Hero honoured on first Terry Fox Day

CELEBRATION

Canadian icon changed lives, survivors say

Donna Maxwell
For Metro | Winnipeg

At 84 years young, Roy Bolin knows it. And 33-year-old Brad Pennington knows it, too. Both men are cancer survivors and know firsthand the importance of Winnipeg-born Terry Fox.

That's why they appeared at the Manitoba Legislature: to be part of the celebration for the first Terry Fox Day.

Pennington battled brain cancer as a teenager.

"Terry Fox brought cancer research to the forefront. Before he got sick, before he got diagnosed, there really wasn't much going on," Pennington said.

"And if it wasn't for Terry Fox, I don't even know if I would be alive today, because (I'm) 15 years cancer free. Had he not done what he did, I don't know if I'd be here today."

Bolin was diagnosed with skin cancer 50 years ago and battled the disease in his colon in his late 40s.

In 1980, he was on disability, going through chemotherapy treatment. He ended up as the director for a committee that would host Terry when he arrived in Winnipeg on his Marathon of Hope.

Cancer survivors Roy Bolin, left, and Brad Pennington were on hand for the ceremony at the Manitoba Legislature to celebrate the first official Terry Fox Day. DONNA MAXWELL/FOR METRO

Fox never made it here, but Bolin went on to organize the first four Terry Fox Runs in the city.

Health Minister Sharon Blady credited radio host and Metro columnist Ace Burpee with starting a movement on social media last year to have the Monday of the August long weekend renamed Terry Fox Day in honour of Fox's birthday: July 28.

> **"If it wasn't for Terry Fox, I don't even know if I would be alive today.**
> Brad Pennington

Fox would have been 57 this year.

PROJECT OF THE YEAR

Bridge wins award

Winnipeg's Disraeli Active Transportation Bridge was temporarily deactivated so the city could accept an award on its behalf.

Several pedestrians and cyclists avoided the bridge during a ceremony in which Coun. Janice Lukes, chair of the standing policy committee on infrastructure renewal and public works, accepted the award from the Canadian Public Works Association.

The bridge was named Project of the Year in the transportation category for projects valued at more than $5 million.

"The City of Winnipeg is very proud to be acknowledged by the Canadian Association of Public Works," Lukes said."This is a really exciting award."

Ruth Hiebert, who was out walking her daughter's dogs, said she would never cross the river on the Disraeli Bridge, so she's glad the AT bridge is there.

"I've used it lots of times; it's great," Hiebert said. "It's a nice round walk through the park. A nice circular walk."

The AT Bridge was constructed on existing concrete foundations from the original Disraeli River Bridge, which allowed for maximum economic benefits and minimal environmental impact. The bridge opened to pedestrian traffic in September 2013.

The city was also recognized in the environmental category for its Public Works East Yard complex. DONNA MAXWELL/FOR METRO

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Winnipeg candidates at a glance

The writ has dropped and the 2015 federal election campaign is underway, and it's set to be one of the longest in Canadian history at 11 weeks. Although voters won't be heading to the polls until Oct. 19, it's never too early to get a head start on your election research and learn about the candidates that will be running in ridings across the city.

Elisha Dacey METRO

Winnipeg North

Who's running?
CPC – Harpreet Turka
LIB – Kevin Lamoureaux
NDP - Levy Abad
GRN – John Redekopp

Analysis: Another close one last election. MP Kevin Lamoureux has a fight on his hands thanks to the redrawing of the electoral boundaries. Data shows had the boundaries been redrawn before the 2011 election, Lamoureux would have lost and the NDP would be one seat stronger.

Saint Boniface-Saint Vital

Who's running?
CPC – Francois Catellier
LIB – Dan Vandal
NDP – TBA
GRN – Glenn Zaretski

Analysis: This riding is brand new after the boundary redraw, and area Conservative MP Shelley Glover has decided not to run again, leaving unknown Francois Catellier to tackle the riding. The Liberals have a strong contender in former city councillor Dan Vandal, but anything could happen here.

Winnipeg South Centre

Who's running?
CPC – Joyce Bateman
LIB – Jim Carr
NDP – Matt Henderson
GRN - Andrew Park

Analysis: Another riding flip-flopper, incumbent Joyce Bateman is up against former area MLA Jim Carr as the Liberals eye the riding for takeover. An interesting side note: St. John's-Ravenscourt teacher Matt Henderson ran in this riding during the last election as an independent to teach his students about the democratic process. This time, he has the NDP behind him.

Winnipeg South

Who's running?
CPC – Gordon Giesbrecht
LIB – Terry Duguid
NDP –TBA
GRN – TBA

Analysis: A riding that tends to flip-flop, the current MP, Rod Bruinooge, barely beat Liberal Reg Alcock in 2006 and is not running for re-election. The Conservatives have tapped popular U of M prof Gordon Giesbrecht (a.k.a. Professor Popsicle) to run, but the Liberals obviously want the seat back. Former Winnipeg city councilor Terry Duguid has already come out swinging for the Liberals with a statement released immediately after the writ dropped Sunday.

Winnipeg Centre

Who's running?
CPC – Bev Pitura
LIB – Robert-Falcon Ouellette
NDP – Pat Martin
GRN – TBA

Analysis: Pat Martin has been an MP for a long time, and will be difficult to beat. The Liberals are hoping Robert-Falcon Ouellette can continue the groundswell of grassroots support he garnered for a surprising third-place finish in last year's mayoral race, and tap into the riding's ethnic support for another surprising finish.

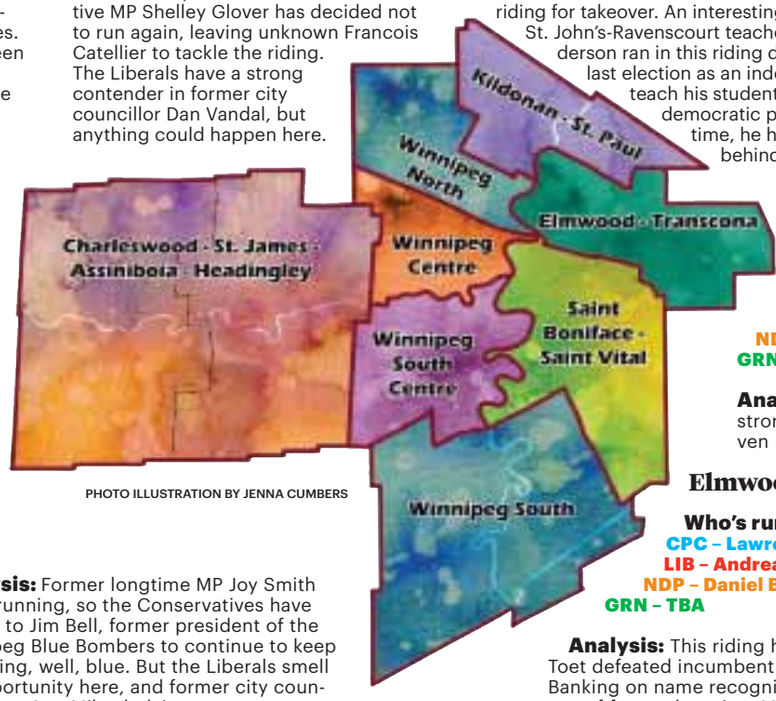

PHOTO ILLUSTRATION BY JENNA CUMBERS

Charleswood-St.James-Assiniboia-Headingley

Who's running?
CPC – Steven Fletcher
LIB – Doug Eyolfson
NDP – Stefan M. Jonosson
GRN – Kevin Nichols

Analysis: This riding is traditionally a Conservative stronghold and will likely always be. Conservative Steven Fletcher does not have any serious competition.

Kildonan-St. Paul

Who's running?
CPC – Jim Bell
LIB – MaryAnn Mihychuk
NDP – Suzanne Hrynyk
GRN – Steven Stairs

Analysis: Former longtime MP Joy Smith is not running, so the Conservatives have turned to Jim Bell, former president of the Winnipeg Blue Bombers to continue to keep the riding, well, blue. But the Liberals smell an opportunity here, and former city councilor MaryAnn Mihychuk is no stranger to election campaigns.

Elmwood-Transcona

Who's running?
CPC – Lawrence Toet
LIB – Andrea Richardon-Lipon
NDP – Daniel Blaikie
GRN – TBA

Analysis: This riding has been NDP except for the last election, when Lawrence Toet defeated incumbent Jim Maloway, who has since become MLA for the riding. Banking on name recognition, the NDP have tapped Daniel Blaikie to run; he's the son of former longtime MP Bill Blaikie.

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Weekly Transit News Update

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Don't forget, there are eight Park & Rides locations throughout the city, offering convenient, non-stop service to and from Investors Group Field. NOTE: Route 3, St. Vital Park & Ride is now located at Centre Scolair Leo-Remillard, 1095 St. Anne's Rd. Visit bluebombers.com for more Park & Ride information.

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The Crumbs will keep the letters, and the beer, flowing at The Good Will's Spelling Bee(r) on Thursday night.
COURTESY SUPERB ENTERTAINMENT

Putting the beer in spelling bee

THE GOOD WILL

Contestants get more 'spelling juice' the further they go

Donna Maxwell
For Metro | Winnipeg

If you're a fan of spelling and beer — and who isn't? — your chance to get together with other like-minded spellaholics and slurry wordsmiths is coming right up.

The Good Will is putting on its second Spelling Bee(r) event Thursday and all the craziness will be augmented by improv duo The Crumbs.

David Schellenberg, part owner and booking agent at The Good Will, said the first Spelling Bee(r) event was a huge hit. He said it's just like any other spelling bee, but it's held in a bar.

OK, maybe there are a few differences from the ones you participated in back in Grade 6.

"It's a very traditional spelling bee, only we hold it in a bar and as the contestants go further and further, they are gifted alcohol to ... make spelling a little more difficult," Schellenberg laughed.

"They drink the spelling juice and it's a lot of fun."

Schellenberg said the Spelling Bee(r) is the brainchild of The Good Will's general manager Tyler Sneesby.

Cash prizes are given to the first- and second-place finishers.

REGISTRATION

Registration is at 8 p.m. and the bee starts at 9 p.m. You gotta pay to play, but it's free to watch.

LAKE ST. MARTIN

Feds, province promise flood-relief funds

The federal and Manitoba governments have promised $495 million for two channels to ease flooding near communities such as Lake St. Martin, a reserve that has been flooded out for four years.

The money will pay for two outlets that will drain high water levels on Lake St. Martin and Lake Manitoba. The province constructed a temporary emergency channel on Lake St. Martin after a flood in 2011 forced thousands — primarily from the Lake St. Martin First Nation — from their homes.

> **The channels are a game-changer, but many homeowners and cottagers have already built individual flood protection.**
> Premier Greg Selinger

The province has already begun work on making that channel permanent and is planning a new channel on Lake Manitoba. But having the federal government commit to covering one-third of the projected cost is a big boost, Premier Greg Selinger said Friday.

"It gives even greater certainty that the project will be completed and will provide ... long-term security."

Selinger hopes the projects might be completed within six years. There is design work to be done and detailed routes to be picked. There must also be consultation with area residents, some of whom are worried about the project's impact on the fishing industry and spawning areas.

A recommendation from engineers on the location for the new outlet is expected this fall.

The 2011 flood left the Lake St. Martin First Nation uninhabitable. Residents were relocated. Many spent years in hotels and other accommodations. The community is being rebuilt on higher ground.

Selinger said the outlets will help give the region protection against the kind of major flood that occurs once every 200 years.

THE CANADIAN PRESS

Canada will be at trade talks: Harper

TRANS-PACIFIC PARTNERSHIP

PM promises election campaign won't interfere

Prime Minister Stephen Harper gets instructions on how to operate a machine that puts the finishing touch to a radiator. He was touring an industrial parts manufacturing plant Monday in Laval, Que. PAUL CHIASSON/THE CANADIAN PRESS

It's a campaign promise of a different sort: Stephen Harper says he won't let his marathon ballot battle keep Canada out of a massive international partnership billed as the backbone of future global trade in the Pacific Rim.

Talks to establish the long-promised 12-country Trans-Pacific Partnership will continue and Canada will be there, Harper promised — notwithstanding the protracted 11-week election campaign triggered by the prime minister himself.

The partnership, "should it be concluded, will in our view form the fundamental trading network of the entire Asia-Pacific region," he said during a campaign stop in Laval, Que., north of Montreal.

"It is important that Canada remain at the table; we will remain at the table during this election campaign ... and we will make sure that should there be a deal, we will get the best possible deal for this country."

New Zealand officials told The Canadian Press last week that the talks likely wouldn't wait until after the campaign — a sentiment echoed in media reports Monday by John Key, Harper's New Zealand counterpart.

Taking questions on the first full day of the campaign, Harper said negotiators would continue to defend Canadian interests, notably the country's supply management system, which protects dairy producers.

Officials say last week's talks in Hawaii came close to reaching a deal — indeed, sources said the Conservatives were hoping to make an agreement a central feature of the party's campaign kickoff on Sunday.

Canada had offered to allow more dairy imports, but the offers were far from what New Zealand and Australia were asking for, officials said. Dairy-market access was one of several sticking points at the 12-country negotiations.

The Canadian economy remained a central theme of the Tory tour Monday.

THE CANADIAN PRESS

ON THE ROAD

Where the leaders are today (Tuesday):

- Stephen Harper's itinerary was unavailable
- Tom Mulcair is heading to Montreal today
- Justin Trudeau will be campaigning in Mississauga, Ont. METRO

HITCHBOT

Creators mull rebuild after robot destroyed

The friendly Canadian hitchhiking robot that met its untimely end on the hard streets of Philadelphia might be given another chance at life.

HitchBOT's co-creators say they have been overwhelmed with support and offers to revive the child-sized robot since it was destroyed early Saturday and they are considering rebuilding it.

The robot was on a hitchhiking adventure in the U.S. after successful ventures in Canada and parts of Europe that saw strangers help hitchBOT travel from place to place while checking items off its bucket list.

This time, hitchBOT was dismembered before it could complete its goals — which this time included taking a selfie with the Hollywood sign and seeing the house from Pixar's "Up."

Frauke Zeller of Ryerson University and David Smith of McMaster University created hitchBOT and kept its adventures going as a social experiment with a number of their students.

Zeller said many people have reached out with offers to rebuild hitchBOT, and her team will make a decision on whether or not they will bring the robot back to life in coming days.

"We were taken quite by surprise because it's been going so well so far," she said.

"We don't really know what to do, so we have to sit down with the whole team and really see where we are and what can be done."

She said she knows the news has been heartbreaking for many of hitchBOT's fans, children and adults alike.

Since word got out, thousands of supporters have taken to social media to express their sadness and outrage: "I am incensed. I hope the perpetrators are found and punished. Long live the good memories. Hope to see you reincarnated soon!" wrote one Twitter user.

"If I could drive, I would have personally helped you across the USA and kept you safe," added another.

Smith said the robot's destruction is the exception to "many, many" unsupervised encounters that hitchBOT has had with strangers. THE CANADIAN PRESS

STUDY

Some cerebral palsy cases caused by genetic anomalies

Cerebral palsy, the most common cause of physical disability in children, has long been thought to result from brain injury in the fetus. But new Canadian research is challenging that notion, finding that at least one in 10 cases likely has an underlying genetic cause.

About two in every 1,000 babies born are affected by cerebral palsy. An estimated 50,000 Canadian children and adults have the condition, which leads to varying degrees of motor impairment, including muscle spasticity and involuntary movements.

Traditionally, cerebral palsy was believed to be caused by a stroke or infection of the brain in the developing fetus, or by birth asphyxia — a lack of oxygen to the infant during delivery.

But genetic testing of a group of affected children from across Canada found that in 10 per cent of cases, structural changes to the DNA appear to have given rise to the condition.

The research team, which includes physicians at the McGill University Health Centre in Montreal, performed genome sequencing tests on 115 children with cerebral palsy and their parents.

THE CANADIAN PRESS

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Feds see new space for NASA

NASA

Privatization of space travel offers Canada opportunities

Michael Woods
Metro | Ottawa

The increasing privatization of space travel could spell good news for Canadian companies, and a newly released document shows the federal government is keeping an eye on it.

An April briefing note to outgoing Industry Minister James Moore notes the National Aeronautics and Space Administration's increasing reliance on private companies to provide launch spacecraft could open opportunities for Canadian companies to participate in the U.S. space agency's launches.

"NASA's increasing reliance on the private sector for its crew and cargo launch systems could represent opportunities for Canadian companies who are heavily integrated in U.S. space supply chains," says the document.

Metro obtained the briefing note under the Access to Information Act.

The 2011 retirement of NASA's space shuttle program marked the beginning of an increased commercial role in the agency's space program, the document says. For example, NASA now depends on the Russian Soyuz to transport crew to the International Space Station.

Meanwhile, Boeing and SpaceX are developing new manned spacecraft, and SpaceX and Orbital won a contract in 2012 to provide cargo launch services for NASA.

This "major shift" is making the space marketplace more competitive and accessible, the document notes, which spells good news for Canadian companies.

For example, Richmond, B.C.-based MDA is part of a consortium of space companies providing parts for the "Dream Chaser," a new space plane being developed by U.S. company Sierra Nevada Space Systems, which would carry up to seven people to and from low earth orbit.

"Other Canadian companies like ComDev may also be potential component or sub-system providers," the note says.

While Canada lacks launch capability of its own, Canadian industry and the Canadian Space Agency have long been key players in NASA's space program and the International Space Station.

The SpaceX Falcon 9 rocket and Dragon spacecraft lifts off from Space Launch Complex 40 at the Cape Canaveral Air Force Station in Cape Canaveral, Fla., Sunday, June 28, 2015 .

JOHN RAOUX/THE ASSOCIATED PRESS

ORDER OF NEW BRUNSWICK

Vickers honoured

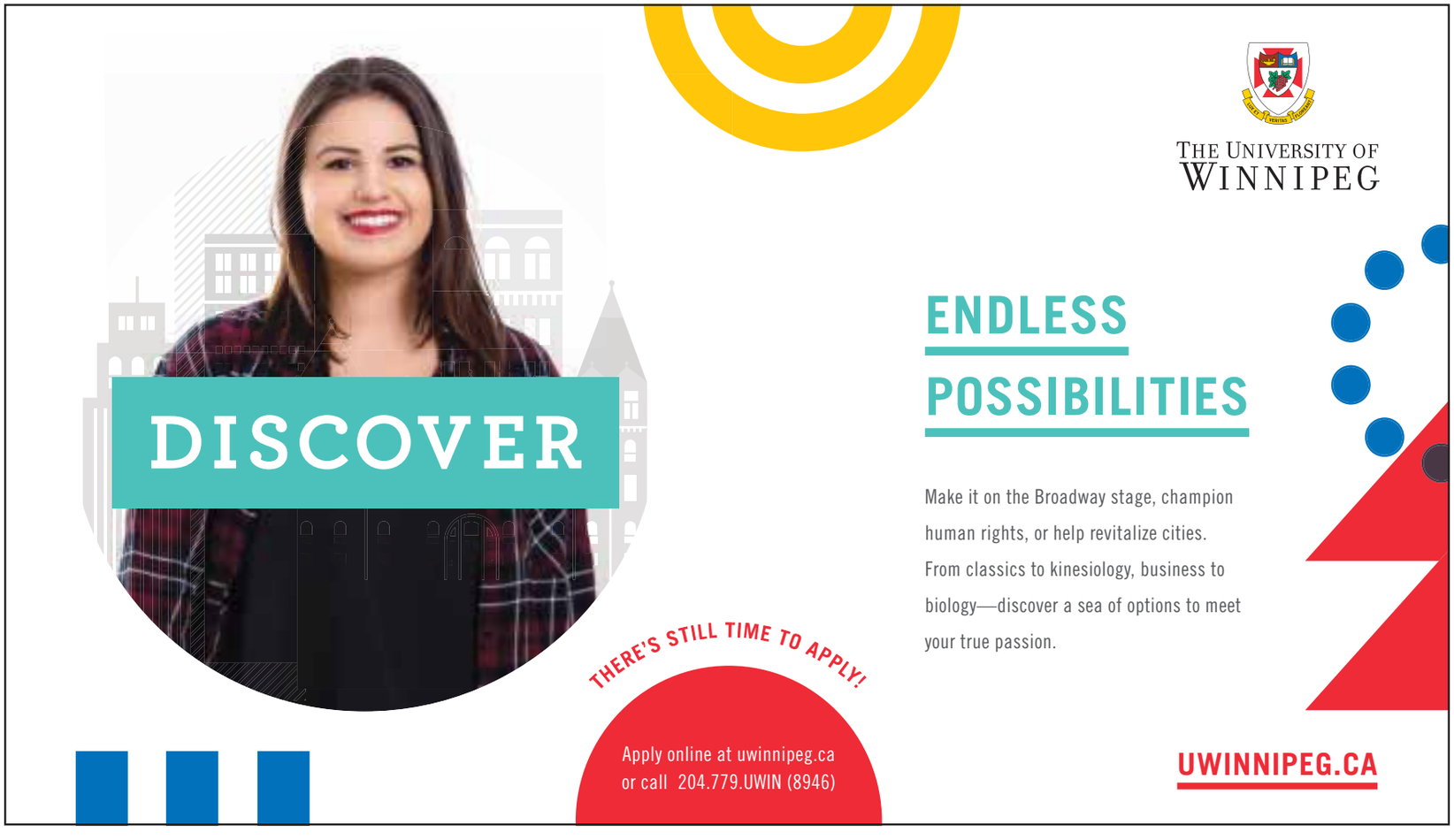
Kevin Vickers, the former sergeant-at-arms in Parliament, has been named a recipient of the Order of New Brunswick for his role in stopping a shooting spree by Michael Zehaf-Bibeau last fall.

Vickers stopped the gunman in the House of Commons last October shortly after Zehaf-Bibeau killed Cpl. Nathan Cirillo, who was standing guard at the National War Memorial, and rushed into the building with his rifle.

Premier Brian Gallant also named Camille Albert, an entrepreneur; Sister Arleen Brawley, for her work in addictions; Gary Gould, for his work with off-reserve aboriginal people; Brent Hawkes, for his leadership in support of lesbian, gay, bisexual and transgender rights; and photographer Thaddeus Holownia.

Also named were Carol Loughrey, for supporting women in business; Sister Adele Morin, for her work on behalf of children with intellectual disabilities; Dr. Rejean Thomas, a physician and a missionary; and Marlene Unger for her human rights, social justice and education work.

THE CANADIAN PRESS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DEVELOPMENT

UN aims to end poverty

The 193 member states of the United Nations have reached agreement on a new development agenda for the next 15 years that calls for eradicating poverty and hunger, achieving gender equality, improving living standards and taking urgent action to combat climate change.

The draft agreement reached Sunday evening outlines 17 goals with 169 specific targets on issues ranging from ending poverty "in all its forms everywhere" to ensuring quality education and affordable and reliable energy, and protecting the environment. The document — called Transforming our World: The 2030 Agenda for Sustainable Development — will be adopted at a UN summit just before the annual meeting of world leaders at the General Assembly in late September.

The 17 new goals will succeed the eight Millennium Development Goals adopted by world leaders 15 years ago.

THE ASSOCIATED PRESS

U.S. President Barack Obama speaks at the White House about his Clean Power Plan. ANDREW HARNIK/THE ASSOCIATED PRESS

Obama unveils his green plan

CLIMATE CHANGE

President sets strict limits for power plant emissions

U.S. President Barack Obama has announced even steeper greenhouse gas cuts from American power plants than previously expected, a challenge to the rest of the world to take serious action as a global summit to finalize a landmark climate change treaty approaches at the end of this year.

Obama's actions on climate change have faced opposition from Republicans and even some Democrats who fear the impacts on the U.S. economy.

Opponents plan to sue immediately, and to ask the courts to block the rule temporarily. The National Mining Association on Monday asked the Environmental Protection Agency to put the rule on hold while legal challenges play out.

The Obama administration last year proposed the first greenhouse gas limits on existing power plants in U.S. history, triggering a yearlong review. These final changes aim to address concerns raised by both environmentalists and the energy industry.

Some changes further cut the heat-trapping gases blamed for global warming. Other changes delay implementation and eliminate certain options that states could use to show they're cutting emissions, making it harder to comply.

Some states will be given a more lenient target, while others will have tougher targets to meet. The Obama administration has yet to disclose those state-specific targets. Many states, however, have threatened not to comply.

Power plants will have to attain an even lower level of carbon dioxide pollution to be in compliance. Obama's proposal from last year set the target as a 30 per cent nationwide cut by 2030, compared to the levels in 2005. His new plan calls for a 32 per cent cut in the same time period.

Power plants account for one-third of all U.S. emissions of heat-trapping gases.

THE ASSOCIATED PRESS

RENEWABLE

Plan banking on wind, solar energy sources

Obama's revised plan relies more heavily on renewable energy sources like wind and solar replacing dirtier coal-fired power plants. Obama now wants the U.S. to get 28 per cent of its power from renewables by 2030, compared to 22 per cent in his earlier proposal.

My Story

It has been 3 years since I have joined Shapes and there has been some changes. Shapes has become a place where you have a chance in building up your self esteem as well as making new friends that share this journey with you. The classes do work. And you will find as I did, that it's more about the complete package, how you feel from the inside out. Make the most of it... you will get there and when you do...you'll find you'll be ready for more. Its yours to have...own it.

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MIDDLE EAST

Syrian warplane crashes, kills 27

Government air raids in a northwestern town in Syria and a subsequent crash by a Syrian warplane that slammed into a residential area there killed at least 27 people on Monday, activists said.

The raids on the town of Ariha came amid intense clashes between government forces and insurgents in the northwestern province of Idlib and the central region of Hama.

The town, once a government stronghold, was captured by opposition fighters and Islamic militants in May. Government forces have suffered setbacks in Idlib province since March, including the loss of the provincial capital of the same name.

An activist group known as the Local Coordination Committees said the warplane crashed in a busy market, adding that it was not immediately clear whether it was shot down. The LCC said 27 people were killed and many others were wounded.

Rami Abdurrahman, who heads another activist group, the Britain-based Syrian Observatory for Human Rights, said the plane crashed in the town centre, destroying several homes.

The observatory later said that 31 people were killed and more than 60 were wounded.

The Ariha Today Facebook page posted a photo showing at least seven buildings reduced to rubble on a narrow street. It said 27 people were killed but that 12 of them have not been identified yet.

The group also listed 55 wounded, including nine women. THE ASSOCIATED PRESS

New Ebola cases emerge

SIERRA LEONE

CDC director assures public after latest outbreak

Sierra Leone is in a stronger place than it was six months ago to fight Ebola, but the new challenge is to get to zero cases, the director of the U.S. Centers for Disease Control and Prevention said Monday during a visit.

Dr. Thomas Frieden made that statement, as new cases emerged in the city in an area that had not seen the virus for months.

Two new cases of Ebola surfaced in Sierra Leone's Northern Tonkolili District after a man died last week.

The district had not had a single case of Ebola in five months. The victim contracted the disease in the capital, travelled to his home village, and was treated for a fever at the local hospital, but authorities didn't call the Ebola emergency number.

In this March 7, 2015 photo, a health worker in Conakry, Guinea, cleans a man's arm before injecting him with an Ebola vaccine. ASSOCIATED PRESS PHOTO/ YOUSSOUF BAH

> **The challenge now is to get to zero cases and that is not going to be easy. Authorities must not let down their guard.**
> OB Sisay, National Ebola Response Centre

He didn't have a burial that followed special procedures required for Ebola victims.

The man's mother and brother contracted Ebola, the National Ebola Response Centre's OB Sisay said Sunday. Authorities moved quickly to contain the spread, but more cases are feared, he said.

Authorities quarantined 500 people.

"We now know where the virus is and we are tracking its movement, by surrounding, containing and eradicating its last remaining chain of transmission," Sisay said.

Dr. Frieden said it was important that the case was identified and not missed, and he was impressed with the speed of the response.

"The challenge now is to get to zero cases and that is not going to be easy," he said.

"Authorities must not let down their guard. The country should keep its guard up."

He said a new cluster of cases in an area of Freetown means Sierra Leone must still put in place measures that have worked in the past.

This Ebola outbreak has killed more than 11,200 people worldwide with nearly all deaths in Guinea, Sierra Leone and Liberia. THE ASSOCIATED PRESS

NATURAL DISASTERS

Pakistan monsoon death toll up to 118

The death toll from flash floods triggered by seasonal monsoon rains in various parts of Pakistan has risen to 118 and floodwater has inundated vast areas, leaving tens of thousands homeless, authorities said Monday.

The National Disaster Management Authority said the flooding has affected more than 800,000 people in 2,275 villages.

About 2,900 houses have collapsed or are partially damaged. The northwestern Khyber Pakhtunkhwa province is the worst affected, with 59 deaths reported there, according to NDMA's statement.

In mid-July, monsoon rains followed by flash floods badly hit the northwestern city of Chitral, where flooding destroyed several bridges, homes, mosques, hotels and a power station. THE ASSOCIATED PRESS

IN BRIEF

Man killed outside Mississippi courthouse

A man fatally shot a defendant waiting outside a courthouse Monday morning, and a suspect is in custody.

The suspect was identified as 24-year-old William B. Wells. The suspect got out of a car, walked up and shot the victim once in the chest with a semiautomatic handgun, Madison County Sheriff Randy Tucker said. THE ASSOCIATED PRESS

CECIL THE LION

Client's hunt legal: Safari operator

An American accused of killing a lion in an allegedly illegal hunt in Zimbabwe in April did not break any laws and acted in good faith, a safari operator who worked for the American said Monday.

Landowner Headman Sibanda said in a telephone interview with The Associated Press that the proper paperwork was in place for the lion hunt by his client, Jan Casimir Seski of Murrysville, Pa.

The Zimbabwe National Parks and Wildlife Management Authority, however, said Sunday that Seski was involved in an illegal hunt. Zimbabwean officials say they are seeking the extradition of another American, James Walter Palmer, for killing a well-known lion named Cecil in an early July hunt that was allegedly illegal. Palmer has said he relied on his professional guides to ensure the lion hunt was legal. THE ASSOCIATED PRESS

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JOEY'S RESTAURANTS

Streets of Beirut awash in trash

LEBANON

Citizen health impaired by summer heat, closed landfill

It's summer in Beirut, with celebrities and Lebanese expats flocking to international festivals and parties at this proud Mediterranean city's beaches and nightclubs. But the country's own citizens are suffocating from mountains of stinking garbage collecting on the streets — yet another reflection of government paralysis and its inability to find a solution for the capital's rubbish.

Lebanon has enjoyed relative calm amid the violence afflicting neighbouring countries in the past few years. Despite a massive influx of Syrian refugees and occasional outbursts of sectarian clashes, Beirut has largely survived the regional upheaval, even if its politicians have been locked in internal disputes, unable to agree on a new president for more than a year.

A woman covers her nose from the stench as she walks on a street partly blocked by piles of garbage in Beirut, Lebanon, on July 27. Protesters have closed the highway linking Beirut with southern Lebanon over the country's trash crisis.
HASSAN AMMAR/THE ASSOCIATED PRESS

But the country's politics caught up with it in the past two weeks after authorities permanently closed down Beirut's main landfill. The Naameh landfill south of Beirut had already been kept open for a year beyond its planned closure, in hopes that the government would find an alternative. It did not.

When the landfill closed July 17, Lebanon's notoriously gridlocked government again failed to take action, leaving piles of smouldering rubbish baking in the sun in the streets of Beirut and its suburbs.

It came amid the busiest time of year in Beirut. International stars such as singer Charles Aznavour, soprano Anna Netrebko and jazz musician Richard Bona are performing at Lebanon's famed summer festivals, and bars and beaches are at full capacity. Partygoers sidestep rotting garbage on the way to bars at Lebanon's famous Gemayzeh street.

As temperatures rise and the country's infamous electricity cuts worsen, the sweltering heat and the stinking, rotting garbage is provoking an outcry from Beirut's two million residents.

"It is a scandal, and what is even a bigger scandal is the politicians who don't feel the need to resign," said Paul Abi Rached, the head of the Lebanese Eco Movement.

During a 10-day stoppage, the fumes got so bad that some residents donned surgical masks against the stench. Piles of trash grew on streets, sidewalks and near building entrances.

Lebanon's waste management company Sukleen resumed random collection on small scale, taking trash to two temporary landfills, including one near Beirut International Airport. But those have started to fill up. Nearby municipalities have refused to accept Beirut's garbage.

Abi Rached said garbage is spreading to natural reserves, rivers and valleys.
THE ASSOCIATED PRESS

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Employees of the Athens Stock Exchange look at stock prices in Athens, Greece, on Monday. Greece's main stock index plunged more than 22 per cent as it reopened Monday after a five-week closure. YORGOS KARAHALIS/THE ASSOCIATED PRESS

'Sense of panic' sweeps Greece

ECONOMY

Country's main stock index takes dramatic dive

Greece's top companies lost billions in market value in a matter of minutes on Monday, when the stock exchange plunged upon reopening after a five-week closure and investors worried over a dramatic new drop in the economy.

The main stock index shed more than 22 per cent soon after the open, as traders got their first opportunity since late June to react to the latest twists in the country's economic drama.

The index closed 16.2 per cent lower, with bank shares hitting or nearing the daily trading limit of a 30 per cent loss.

"There's a sense of panic," said Evangelos Sioutis, financial analyst and head of equities at Guardian Trust. He noted some traders are selling stock merely to raise cash because there is so little liquidity in the Greek economy.

"There are no buyers," he said. "The outlook is not clear."

Markets in the rest of the world, however, were largely unaffected, a sign that investors outside Greece have now largely cut off ties with the country after years of crisis there. European shares closed higher.

Greece's stock market and banks were closed on June 29, when the government put limits on money withdrawals and transfers to keep a run on the banks from bringing down the financial system. People were panicking over the prospect that the country could fall out of the euro after its talks with creditors broke down.

Greece has since then resumed talks with creditors and reopened its banks. Strict limits on cash withdrawals remain, however.

Financial information company Markit said its gauge of manufacturing activity in Greece plummeted during the month to 30.2 points, its lowest ever reading, despite improvements across the rest of the 19-country eurozone.

"Manufacturing output collapsed in July as the debt crisis came to a head," Markit economist Phil Smith said.

"Factories faced a record drop in new orders and were often unable to acquire the inputs they needed, particularly from abroad, as bank closures and capital restrictions badly hampered normal business activity." THE ASSOCIATED PRESS

TECHNOLOGY

Nokia secures $3 billion deal

A consortium of German automakers Audi, BMW and Daimler announced Monday it is buying Nokia's HERE map business in a deal that values the unit at 2.8 billion euros ($3.1 billion) and secures their access to technology that could eventually be used for driverless cars.

Nokia, based in Finland, has refocused its business on producing equipment for wireless networks after selling its mobile phone handset operation to Microsoft Corp. The company said it expects to receive slightly over 2.5 billion euros from the sale, with the purchasers being compensated for HERE liabilities totalling nearly 300 million euros.

The three rival German automakers said that HERE is "laying the foundations for the next generation of mobility and location-based services." They added that "for the automotive industry this is the basis for new assistance systems and ultimately fully autonomous driving."

The automakers said in a joint statement that they will each hold an equal stake in HERE and "none of them seeks to acquire a majority interest." They said that HERE's management will remain independent, with the goal of being a platform "open to all customers," and the consortium will not interfere in its operational business.

"High-precision digital maps are a crucial component of the mobility of the future," Daimler CEO Dieter Zetsche said. "With the joint acquisition of HERE, we want to secure the independence of this central service for all vehicle manufacturers, suppliers and customers in other industries." THE ASSOCIATED PRESS

SECOND QUARTER RESULTS

HSBC earnings drop 6.2 per cent

HSBC's Canadian subsidiary says its second-quarter profit was down 6.2 per cent from the same period of 2014 to $227 million CDN.

The bank said the decline for the three-month period ending June 30 was mainly due to margin compression, lower gains on financial investments and higher costs.

Profit attributable to the common shareholder was $161 million CDN for the second quarter, down 6.4 per cent compared with the same period a year earlier.

Return on average common equity was 14.0 per cent, compared with 15.6 per cent for the second quarter of last year.

Commenting on the results, HSBC Bank Canada president and CEO Sandra Stuart said "We are focused on growing our business in Canada, however, we do expect current challenges to continue including pressure on the oil sector and related industries and prevailing low interest rates."

25,000

The maximum number of jobs HSBC Holdings announced it would be cutting this year to reduce costs. THE CANADIAN PRESS

Parent company, HSBC Holdings, Britain's largest bank by market value, announced earlier this year that it would cut between 22,000 and 25,000 jobs around the world in an attempt to reduce costs and shift its centre of gravity back toward fast-growing Asian economies. THE CANADIAN PRESS

IN BRIEF

India orders telecoms to cut access to pornography

India has ordered Internet service providers to block access to more than 850 adult websites in what the government describes as a way to protect social decency.

A spokesman for India's department of telecom said the government was controlling easy access to pornography following a directive from the country's top court. Many are accusing the government of infringing on personal freedoms. THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Tuesday, August 4, 2015

the big question

Should you be worried about picky eating?

Kids these days, with their trans-fat-free, glutenless organic yogurt. Or do yours eat only orange food? Picky eating might be maddening, but new research published in the journal Pediatrics has The Associated Press telling parents to "take heart ... the problem is rarely worth fretting over." On the other hand, the Wall Street Journal said it "may not be as harmless as is commonly believed." In actuality, the findings were fairly intuitive. If your two- to five-year-old kids complain about broccoli, there is little cause for concern. But, "severely picky" eaters — the three per cent of those studied who had difficulty eating with others due to their restrictions — were at least two times more likely to show symptoms of depression and social anxiety. No causation was shown.

SOURCES: THE ASSOCIATED PRESS; THE WALL STREET JOURNAL

Build shared streets, not pedestrian ghettos

YOUR RIDE
Colin Fast

It has become almost as much a summer tradition as the Fringe Festival or Jazz Fest — the call for the city to create a pedestrian mall in the Exchange District.

It usually happens after someone visits the beer garden during one of those events, and muses: "Wouldn't it be great if it was like this all the time … they should build a pedestrian mall!"

Mayor Brian Bowman even promised to create a seasonal pedestrian strip in the Exchange District during his campaign last year.

But it's not clear how simply closing down a block or two of a roadway — Albert Street is floated most frequently — would recreate the energy that exists around Old Market Square during downtown festivals.

Is the thrill of walking on a street or parking lot so extreme that people would flock there just to mingle?

Of course not. The real attraction isn't created by a few street barricades, but by the events themselves. Festivals draw theatre and music fans into the area. And the presence of people on what are normally sleepy streets draws even more people into the area.

So what's really needed to keep that positive pedestrian vibe going in the Exchange all summer long is more programming — Folklorama After Dark, anyone? — not a pedestrian mall.

Besides, most pedestrian malls are terrible places.

Ever visit Ottawa's Sparks Street or Calgary's Stephen Avenue after work hours? You could fire a cannonball and never hit a pedestrian, because they're dead zones.

That's why dozens of streets across North America that were closed during the great ped-mall craze of the '70s and '80s have been converted back to regular, mixed-use streets. Because that's what generally works best for local businesses, residents and tourists.

But there is an innovative middle-ground concept being tested in Halifax right now that might translate well to our own Exchange District.

One block of that city's Argyle Street has been redesigned to focus on pedestrians, while still accommodating vehicles most of the time.

Lanes were narrowed and sidewalks expanded by using seasonal patios and planters. New seating areas were installed, and the entire road surface was painted with a blue, green and white argyle pattern.

The street remains open to vehicles during the week, though the design encourages slower travel speeds. On weekends, barricades go up and the street is used for a series of special events like crafters' markets, culinary festivals and street parties.

Copying Halifax's "shared street" idea could allow traffic to flow to Exchange District businesses during the week, teach pedestrians and drivers how to get along better, and create an exciting venue for occasional programming. It would also offer the city and local residents a lot more value than a novelty pedestrian-only tourist attraction.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Out of guilt, he avoided looking directly at his unused bike while writing this column. Find him @ policyfrog on Twitter.

ROSEMARY WESTWOOD

metroview

The struggle not to compare myself to friends is crucial

Mum says comparison is the quickest way to unhappiness.

I know she's right, but I can't stop it. And the worst is when I compare myself to friends.

The other day I listened to a friend recount a long list of creative projects she's accomplishing outside of a very busy job (a few zines, a few short stories, a blog), and secretly seethed.

I'm happy for her, but frustrated at myself. Part of that makes no sense (I've never wanted to make a zine) and part of it is all too familiar.

I completed a degree in creative writing, and since I started working in journalism, I've battled the idea that I'm failing somehow in comparison to friends who regularly write and publish their fiction and poetry.

We all want to be the best, or even just our best, but given how much some people seem to be able to accomplish in life, the high-water mark is murky.

Maybe my best is a dual career as a novelist and non-fiction writer, who also raises three kids, sings in a band and curates a home of well-chosen oddities from my travels.

It's surely more than I am doing right now, given that Netflix is my bedmate.

Or, maybe my best is to spend so much time with Netflix I become an unlikely pop-culture writer who parses the work of Ruby Rose for deeper human insight.

It's easy to avoid comparison to Rose herself. I never wanted to be an actor. It's much harder not to compare myself to my jet-setting reporter friend who is both kind and talented, or my powerhouse editor friend who will rule this insulated media town before too long. I do OK, because I love them and understand that we're different.

But the editor has fielded awkward treatment from women colleagues and friends less than comfortable with her success.

It seems that women know how to be friends, and know how to be professionals, but there is tension when the two entwine. Part of it, I think, is the sense that there's only room for so many women at the top. But every person jealous of a friend has to ask how much they value that friend. And if they do, they need to find a way to get over their jealousy.

My parents never told me what they want me to be, beyond a happy, good person. They haphazardly read this column, and are more concerned I call my grandmother; less concerned with my career trajectory.

So I have their example, as an antidote. And I bet I'll always need it.

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Move over pre-drinks: study says pre-eat an Asian pear to prevent a hangover

Politics overtake the cake

LAYERS OF MEANING

Bakeries slice up ideologies American style

It should be a piece of cake. Customer comes in, asks for a cake with a specific design or for a particular event, baker makes it, everyone's happy.

But sometimes customers and bakers have clashed over what goes on the cake, or whether to make it at all. An Oregon bakery was fined $135,000 for refusing to bake a cake for a lesbian couple's wedding. A baker in Colorado earned a customer's ire because she refused to write anti-gay messages on his cake. A Louisiana man posted a video to the Internet lambasting a local Wal-Mart for not making a cake with a Confederate flag on it.

Somehow, this mix of flour, butter, eggs and sugar with frosting on top has become yet another delivery system for American political debate, raising questions about where the customer's free speech ends and the baker's begins.

"Cake has had symbolic meaning in this country," even aside from politics, said Stephen Schmidt, food historian and writer for the Manuscripts Cookbook Survey. "We think of cake as something that can carry that meaning, whereas I don't think the French do."

But some political experts question whether frosting florets on a cake really are the best way to get your way of thinking out there. Would a strongly worded tweet, letter to the editor or yard sign be a better choice than the grand unveiling of the cake to the tune of Happy Birthday?

"There's got to be some kind of psychological profile of individuals who deem it important enough to have their politics on their cake," said Doug Muzzio, political science professor at Baruch College. "Have their cake and ideology, too."

Some of the most contentious fights have involved bakers who refused to make a cake for same-sex weddings, frays that have also entangled the likes of florists and photographers.

Bakery owners Aaron and Melissa Klein of Gresham, Ore., said their religious beliefs would be violated in 2013 if they made a wedding cake for a lesbian couple. The women filed a discrimination complaint and were awarded damages.

There's also been the reverse. Last year, when a customer wanted anti-gay messages on a cake, Marjorie Silva, owner of Azucar Bakery in Denver refused to do it. She told him that she would bake the cake, but that he would have to write his own messages.

"We're human beings, too; we have our beliefs, we should be respected," she said

Free speech issues have come into play in jurisdictions with laws banning discrimination against certain protected classes.

Some bakers have argued that being forced to make a cake for something that went against their religious beliefs was a form of compelled speech by the government, barred by the First Amendment.

But courts have ruled that a business open to the public has to be open to everyone.

"The answer so far that courts have given is, no, it's not coercion ... because you do have a choice" about whether to be in business to the public, said Nelson Tebbe, professor at Brooklyn Law School.

Images and words perceived as hateful have raised yet another flavour of cake fight.

A Louisiana man in June wanted a local Wal-Mart to make a cake with an image of the Confederate flag and the phrase "Heritage Not Hate," but was refused. Chuck Netzhammer then ordered a cake with a flag used by the Islamic State group, which he got. Wal-Mart apologized and said the cake was a mistake, made by an employee that didn't recognize the flag and what it represented.

In 2009, a New Jersey supermarket refused to make a cake for a child whose full name was Adolf Hitler Campbell. The boy's mother said the cake was eventually made by a store in Pennsylvania.

For some cake makers, it's not for them to go against the customers' wishes.

Stacey Leon, of New York City's Butterfly Bakeshop, said she and husband keep their personal feelings out of the oven. While they've never been asked to make a cake they thought was truly objectionable, they have made cakes for causes they don't personally believe in.

"If it's a political party that we don't agree with, that doesn't mean we're not going to make their cake," she said. "We just have to separate the way we feel from our business."

THE ASSOCIATED PRESS

> **"There's got to be some kind of psychological profile of individuals who deem it important enough to have their politics on their cake.**
> Doug Muzzio, political science professor at Baruch College in New York City

TV DOCUMENTARY

Walt Disney was not anti-Semitic, panel of experts agrees

Walt Disney with an Irish setter in 1965. THE ASSOCIATED PRESS FILE

Walt Disney was a complex figure, both celebrated and condemned, but allegations that he was a rabid anti-Semite are unproven, Disney experts said.

Talking to TV critics Sunday about a documentary on Disney set to air on PBS's American Experience in September, composer Richard Sherman (Disney's Mary Poppins, The Jungle Book) dismissed such lingering criticism outright.

It's "absolutely preposterous to call him anti-Semitic," said Sherman, the son of Jewish immigrants. He and his brother Robert, his writing partner, were treated like sons by Disney, he said.

Historian and social critic Neal Gabler, author of An Empire of Their Own: How the Jews Invented Hollywood, said he exhaustively researched Disney for the 2006 book Walt Disney: The Triumph of the American Imagination.

"I saw no evidence other than the casual anti-Semitism that" was common to non-Jews during Disney's 20th-century era, Gabler said.

Sarah Colt, producer and director of the four-hour film airing Sept. 14 and 15, said a documentary she made about Henry Ford, whom she described as a "virulent anti-Semite," gave significant attention to his views.

But there wasn't any evidence that Disney held such attitudes, she said, although the label has been attached to the man who launched a still-expanding film, TV and theme park empire on the back of the Mickey Mouse cartoon character.

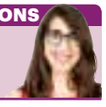
THE ASSOCIATED PRESS

> **"I saw no evidence other than the casual anti-Semitism that (was common to non-Jews during Disney's 20th-century era)**
> Historian Neal Gabler, author of An Empire of Their Own: How the Jews Invented Hollywood

ADVICE

Never act like a smug know-it-all, even if the boss is clueless

OFFICE RELATIONS
Eleni Deacon



They might in charge, but bosses don't always know best.

Maybe you're responsible for your organization's social media feeds, while your superior has never sent a tweet.

Or you could be the number-cruncher at a company where the CEO can't grasp basic math. When your understanding of your niche has your boss beat, articulating your needs and processes can be frustrating.

Here's how to navigate the knowledge gap.

First step: attitude check

Just because your manager lacks expertise in your area of specialization doesn't mean they're unintelligent or unqualified to lead.

High-ranking supervisors, especially if they are responsible for a range of teams across different departments, are likely more concerned with big-picture functioning than the nitty-gritty of individual positions.

So while your capabilities may far surpass your superior in certain domains, they probably possess a toolbox of skills you don't have.

After all, your boss' job isn't to do your job — it's to oversee your work.

Filling the cognitive holes

Which doesn't mean clueless leadership can't interfere with your day-to-day.

If you find yourself aggravated by your manager's missing intel, take it upon yourself to fill those cognitive holes. Adopt an informative approach, in which you provide thorough (and easy-to-follow) detail on the task or problem at hand, carefully outlining your favoured approach.

It might be tempting — and even self-satisfying — to passive-aggressively seethe over your boss' flimsy foundation in your particular sphere of interest.

But your work will go smoother if you arm them with the knowledge you wish they had.

Important: While offering your information, swap confrontation for collaboration. You may consider yourself smarter than your boss. Your relationship might be strained due to a perceived — or even real — lack of appreciation for your stresses and duties.

But if you want to educate the highers-up, don't act fed up. Be generous and patient with your explanations, and avoid smug or sarcastic comments.

Be an ally, not an enemy

During meetings, it may be a struggle not to roll your eyes — but you'll get a lot further if you establish yourself as an ally.

An oblivious boss can be a bummer — but they also represent an opportunity.

Instead of thinking of your uninformed manager as a nuisance, think of this situation as a chance to demonstrate your capabilities and authority within your professional realm.

Make your boss dependent on your insights, and your standing will rise. Then maybe, when the timing is right, you'll be made the boss.

"Help, I'm smarter than my boss!"

Your credit score is a big deal

IN YOUR BEST INTEREST

When it's time to borrow, a poor score will cost you

Kyle Prevost
youngandthrifty.ca

If you're like a lot of Canadians, the most important score in your life is the score in the hockey game last night. Your credit score might not make the priority list at all.

Your credit score is only important if you ever want to borrow money to buy a house, a car, or anything else. It can also be a pretty significant factor in determining if you can rent a decent place (depending on the landlord). So if you don't mind living with your parents and taking public transit the rest of your life (an excellent wealth-building plan if you can stomach it), then your credit score might not be that significant.

For the rest of us, that little three-digit number can quickly become a mountainous obstacle if ignored for too long.

Even if your score isn't quite bad enough to completely prevent you from purchasing a car or a house, the difference it can make in regards to the interest rates you pay can mean thousands of extra dollars leaving your pocket.

Score at your financial life by understanding the importance of your credit score. ISTOCK

Here's an example — two buddies each set out to buy their first car:

Johnny Savealot has a credit score of 775 after a few years of paying his bills on time and never borrowing more than he can repay at the end of the month.

John's buddy, Jimmy Yolo, has a credit score of 450. He's not too worried about money stuff like paying bills on time because it isn't what's really important in life. When he gets the third notice on his cellphone bill, or the landlord threatens to kick him out, he scrapes together the cash and it always seems to work out.

If John and Jim each want to purchase identical $20,000 (taxes included) used vehicles, and they each borrow $16,000 to do so, they will eventually pay very different overall prices for exactly the same car.

If John gets a 60-month loan at 4 per cent interest, he will pay back his $16,000 original debt, plus roughly $1,700 in interest payments.

Jimmy will have to get a subprime car loan because he is considered a higher risk and will have to settle for a 60-month loan at 20 per cent interest. He will be paying back the same $16,000 original debt over 60 months as Jim, but with about $9,400 in interest payments over that same stretch.

Obviously if a credit score can have that sort of impact on a car purchase, it can make a massive difference when it comes to mortgage payments on a house (if you can find a lender at all).

Don't be a Johnny Yolo; understanding how credit works will make that one life you have to live a lot more enjoyable.

CHECK IT OUT

Credit score tips

- Check your score regularly with the two credit reporting agencies: Transunion and Equifax. Make sure there are no errors.
- Pay your credit cards off at the end of every month. In a worst-case scenario at least make the minimum payment.
- Don't skip payments on utilities or consumer debt. The credit agencies are generally much more diligent than any policing agency, and they will find out.

FEMINISM

Men need to step up at work

Men can do their part to make workplaces more equal. ISTOCK

Asia Ewart
Metro in New York

Despite a steady — but slow — increase in the number of women in high-ranking board positions, women in the working world are not advancing nearly as quickly as their male counterparts.

Hattie Hill, president and CEO of the Women's Foodservice Forum, which focuses on the leadership of women in companies like Kraft and Kellogg spoke with Metro about key ways men can help women break the glass ceiling.

Pay attention

Hill says that, for starters, men can increase their overall awareness about the issue by paying attention to workplace practices. Take note of the types of work females are assigned, ask them questions and get their opinions.

Give women more responsibilities/tougher tasks

Men in more powerful and senior positions should take advantage of their position to give more responsibilities and challenges to female staffers.

Ask questions

Engage the women around you. "Ask them, in terms of your industry or your organization, 'What do you think we need to change?'" Hill says.

metro SPORTS
Your essential daily news

UFC champ Ronda Rousey is slated to star in a biopic based on her memoir

Price is money in debut

MLB

New Blue Jays ace strikes out 11 batters over eight innings

David Price Day had everything from rousing ovations and powering strikeouts to the thrill of danger and the offensive explosion the Toronto Blue Jays are known for.

Thanks to 11 strikeouts from Price in eight strong innings, his debut was also a 5-1 victory against the Minnesota Twins that put the Blue Jays in a tie for an American League wild-card spot.

"I just wanted to go out there and have fun, pitch as deep as possible into the game and keep it close for our offence," a smiling Price said. "I'm definitely thrilled with the way today went."

Price was dominant all afternoon, especially after he gave up a home run to Torii Hunter in the second and loaded the bases with no outs in the fourth. The ace left-hander acquired last week from the Detroit Tigers showed why the Blue Jays were willing to pay a hefty price, retiring the final 15 batters he faced.

"The place was alive," manager John Gibbons said of Price getting out of the bases-loaded jam. "That's hard to do. I don't care how good a pitcher you are. That's real hard to do. But he pulled it off and really ran from there."

As he walked off the mound following his 119th pick, Price tipped his cap to the sellout crowd of 45,766 at Rogers Centre that fixated on and adored his every move. His 11 strikeouts tied a franchise record for a pitcher making his debut, and he allowed just three hits and two walks.

"That's what an ace does," said second baseman Ryan Goins, who hit a solo home run.

Price brushed off the strikeout record and said he would've rather gotten all 27 outs. But the way he dazzled the crowd contributed to the buzz on the holiday Monday in Toronto.

Running off the experiences in his career from the 2008 World Series run with the Tampa Bay Rays through last year's playoffs with the Tigers, Price put his Blue Jays debut at the top of the list.

"That was the best atmosphere I've ever been in," Price said. "I've pitched in quite a few big games, but that atmosphere today, that takes the cake. I've never experienced anything like that. That was cool."

When Price was in the dugout, the lineup Josh Donaldson confidently declared the best in baseball got to Minnesota starter Ervin Santana and the bullpen to the tune of eight hits and two home runs. In addition to Goins, Donaldson hit a two-run home run, his 27th of the season, and later heard chants of "M-V-P."

"It's not like we've seen it a couple times," Gibbons said of Donaldson's power. "He's been doing it all year."

THE CANADIAN PRESS

The Twins managed just one run off of David Price in the left-hander's Blue Jays debut on Monday. FRED THORNHILL/THE CANADIAN PRESS

ON MONDAY **In Toronto**

5	1
BLUE JAYS	TWINS

GOLDEYES

17 hits stake T-Bones to victory

The Winnipeg Goldeyes ran into some hot bats Monday afternoon as the Kansas City T-Bones rode 17 hits to a 7-5 victory over the Fish.

Fresh off setting a season-high seven-game winning streak followed by a narrow 2-1 loss in the middle match against the T-Bones on Sunday, the Goldeyes looked primed to take the series finale, sending their ace Nick Hernandez to the hill.

Hernandez — the reigning American Association Pitcher of the Week, as well as the month of July — was far from his usual dominant self, allowing five earned runs on 10 hits in six innings of work.

The Goldeyes made a game of it in the fourth as a pair of two-run blasts from Casio Grider and Tillman Pugh got the home side to within a run, chasing K.C. starter Kris Regas from the game.

With a day off on Tuesday as they travel to Gary, Ind., to open a three-game series on Wednesday, the Fish were liberal with their bullpen, sending seven relievers into the game after Hernandez.

Despite two costly losses to the AA wild-card holders with 33 games to play, Winnipeg (31-36) remains in the hunt, sitting seven games back of Kansas City.

DARRIN BAUMING/FOR METRO

AARON HERNANDEZ TRIAL

Tipster was a sex pen pal: Prosecutor

An anonymous tipster who raised questions about a juror in the murder trial of former New England Patriots player Aaron Hernandez had a sexually explicit relationship with him, a prosecutor said in a filing released Monday, the day Hernandez's girlfriend was seen wearing a wedding band.

Prosecutor William McCauley said an attempt by Hernandez's lawyer to question the tipster under oath is an "unwarranted fishing expedition."

Aaron Hernandez GETTY IMAGES

McCauley said in his filing that the woman wrote Hernandez sexually explicit letters before and during the trial and, believing in his innocence, wanted to continue their relationship after he was released.

THE ASSOCIATED PRESS

IN BRIEF

Burnett hopes to get back on mound this season

Pirates right-hander A.J. Burnett is hopeful of pitching again this season after an MRI on his pitching elbow revealed a strained flexor tendon rather than a torn ligament.

The 38-year-old Burnett said Monday that "I'm going to do everything I can to make it back." He reiterated that he will retire at the end of the season.

Doctors told Burnett to rest four weeks.

THE ASSOCIATED PRESS

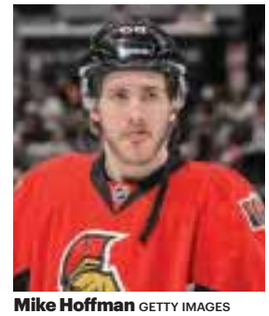
Brazil schools to develop water cleanup strategy

Rio de Janeiro Gov. Luiz Fernando Pezao signed a deal Monday with several Brazilian universities and research institutes to develop a plan for cleaning up the polluted waters of the city's sewage-strewn Guanabara Bay, where Olympic sailing events will be held.

Pezao hailed the deal as a "very important step" toward the long-promised cleanup, which has dragged on for more than 20 years with little progress. THE ASSOCIATED PRESS

SENATORS

Arbitrator awards Hoffman $2M deal



Mike Hoffman GETTY IMAGES

Ottawa Senators forward Mike Hoffman was awarded a $2-million US, one-year deal by an arbitrator.

Hoffman asked for $3.4 million and the Senators $1.75 million in player-elected salary arbitration.

The 25-year-old finished sixth in Calder Trophy voting for NHL rookie of the year with 27 goals and 21 assists.

Hoffman is set to be a restricted free agent again next summer. THE CANADIAN PRESS

RECIPE Grilled Corn Coated with Creamy Dill Sauce and Feta Cheese

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

If you want a real twist on grilled or steamed corn, try adding this delicious light and creamy sauce.

Serves 6

Ready in
Prep time: 10 minutes
Cook time: 10 minutes

Ingredients
- 6 ears of corn, husks removed
- 3 Tbsp light mayonnaise
- 3 Tbsp light sour cream
- 2 Tbsp chopped dill
- 1 Tbsp lemon juice
- Salt and pepper
- 1 oz crumbled feta cheese
- Dash of red chili flakes or chipotle chili powder

Directions

1. Grill corn for about eight to 10 minutes, just until barely tender.

2. On a large plate, combine mayonnaise, sour cream, dill, lemon juice and salt and pepper.

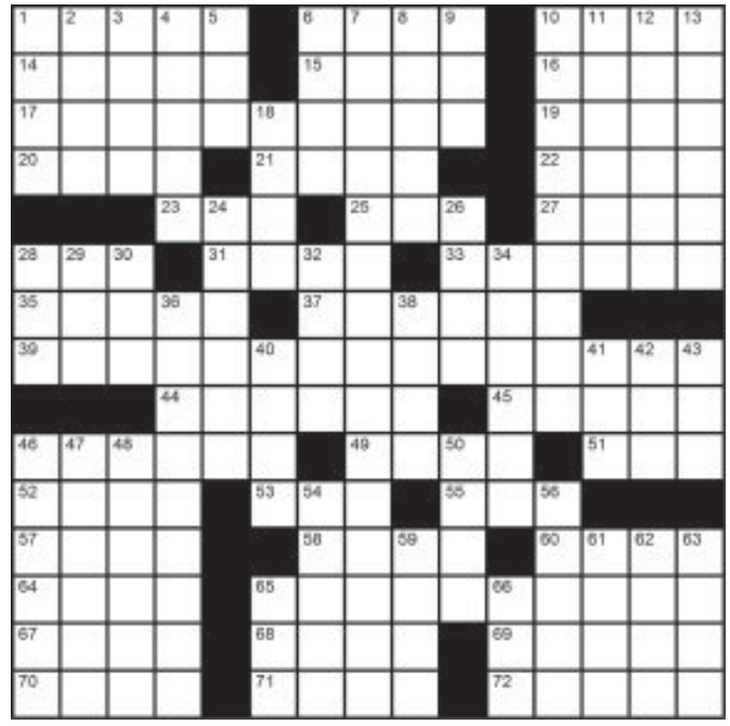
3. Roll corn into mixture coating well. Sprinkle with feta cheese and red chili flakes.

Nutrition per serving
- Calories 180
- Protein 6 g
- Carbohydrates 29 g
- Fibre 7 g
- Total fat 4.5 g
- Saturated fat 2 g
- Cholesterol 5 mg
- Sodium 130 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Move effortlessly across the dance floor
6. Earl Grey stirrers, e.g.
10. Aussie footwear
14. Bathroom cleanser
15. Shar-_ (Some dogs)
16. Movie part
17. Canadian musician/producer whose credits include being the bandleader on "Open Mike with Mike Bullard" and "Canadian Idol": 2 wds.
19. Men's cologne brand
20. Mexico currency
21. Golf tap
22. Mine passage
23. Elvis record label
25. Best, _-rated
27. Zippo
28. Dusk, to Donne
31. Toothbrush brand, _-B
33. Citrus fruit
35. Thundery event
37. Coffee machine, when the brewing is done
39. "The _ _" (1993 Kiefer Sutherland swashbuckler)
44. Beard style
45. More shipshape
46. Like surveillance footage at times
49. Hurried office memo letters
51. Friend, in France
52. Units in a gym user's set
53. Fireplace residue
55. Born, in wedding announcements
57. Dismounted
58. Tightly stretched
60. Quote
64. Wedding cake level
65. 1984 hit for Canadian band Honeymoon Suite: 3 wds.
67. Past person of Peru
68. Sacred looped cross
69. Rushing
70. At no time, in verse
71. Bruce Springsteen's nickname, The _
72. Aquatic mammal

DOWN
1. Lump of food
2. Ancient harp
3. Ancient Egyptian goddess
4. Giver
5. _ Lilly and Company
6. "Heart and Soul" '80s group
7. NFL team for Canadian tight end Luke Willson: 2 wds.
8. Prefix to 'graph' (Cave drawing, for instance)
9. Angry cat's noise
10. City/downtown: 2 wds.
11. 1992 Barenaked Ladies album
12. Using the paste
13. Glam furniture piece
18. Tussle
24. "Who do you think you're kidding?": 2 wds.
26. Vatican guy
28. Founded [abbr.]
29. Shakespearean suffix
30. Swed. neighbour
32. Adjoin
34. Enter again, using a computer keyboard
36. Official records keeper
38. Laboriously makes a living
40. Poet Ms. Angelou
41. Prohibition _
42. "Losing My Religion" b.a.n.d.
43. Mister, in India
46. Au _ (Way to serve scalloped potatoes)
47. Provide the coat with a new interior, say
48. For each one
50. Against
54. Secretarial skill, shortened
56. Acclaim
59. "Icky-poo!" equivalents
61. Research facil.
62. Carry
63. Washstand container
65. Apprehend
66. P, to Socrates

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Negative feelings will be swept away both at home and at work and life will be fun again. It will be even more fun if you help those who are feeling down learn to smile again.

Taurus April 21 - May 21
If you made an error recently then now is the time to stand up and admit it. Loved ones won't think any the less of you, in fact they will be impressed by your courage.

Gemini May 22 - June 21
Don't worry if you have been unable to get through to loved ones because today's Venus-Jupiter union will make words redundant. They will see by the look in your eyes that your feelings for them have grown.

Cancer June 22 - July 23
There are things you have been unable to do of late but they will now come easy to you. In fact, there is nothing you cannot accomplish if you want it enough. Just don't waste time chasing what you don't need.

Leo July 24 - Aug. 23
Your confidence will improve, especially in one-to-one relationships. All the doubts, fears and anxieties of the past will be swept away by what takes place over the next few days.

Virgo Aug. 24 - Sept. 23
Take stock of where you have been and where you intend to go in the very near future. Don't worry that you cannot make things happen immediately. There is no need to rush.

Libra Sept. 24 - Oct. 23
You are more likely to reach the top of your chosen profession if you are prepared to work as part of a team rather than try to do everything yourself. Share the workload today.

Scorpio Oct. 24 - Nov. 22
No one can get the better of you now, you are just too sharp. On the work front especially, your star is on the rise and people in positions of authority are watching you closely.

Sagittarius Nov. 23 - Dec. 21
No matter what certain people may be telling you there is every chance that you will taste success over the next few days. But it's only a chance, it's not guaranteed. Get up and out and make things happen.

Capricorn Dec. 22 - Jan. 20
Something that has been worrying you will finally be resolved today and the sense of relief will last throughout the week. Now, why not go out and try something different?

Aquarius Jan. 21 - Feb. 19
No matter how many upheavals there have been lately, what happens today will put everything in perspective. You have precious little to worry about.

Pisces
Feb. 20 - March 20
Get things done. Even if you prefer to leave the nuts and bolts to other people you will actually enjoy taking care of details today. Just don't lose sight of the bigger picture.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			9		2			
	1						3	
		8	3		7	4		
7		3				8		2
6		4				1		7
		7	6		4	2		
	5						7	
			7		1			

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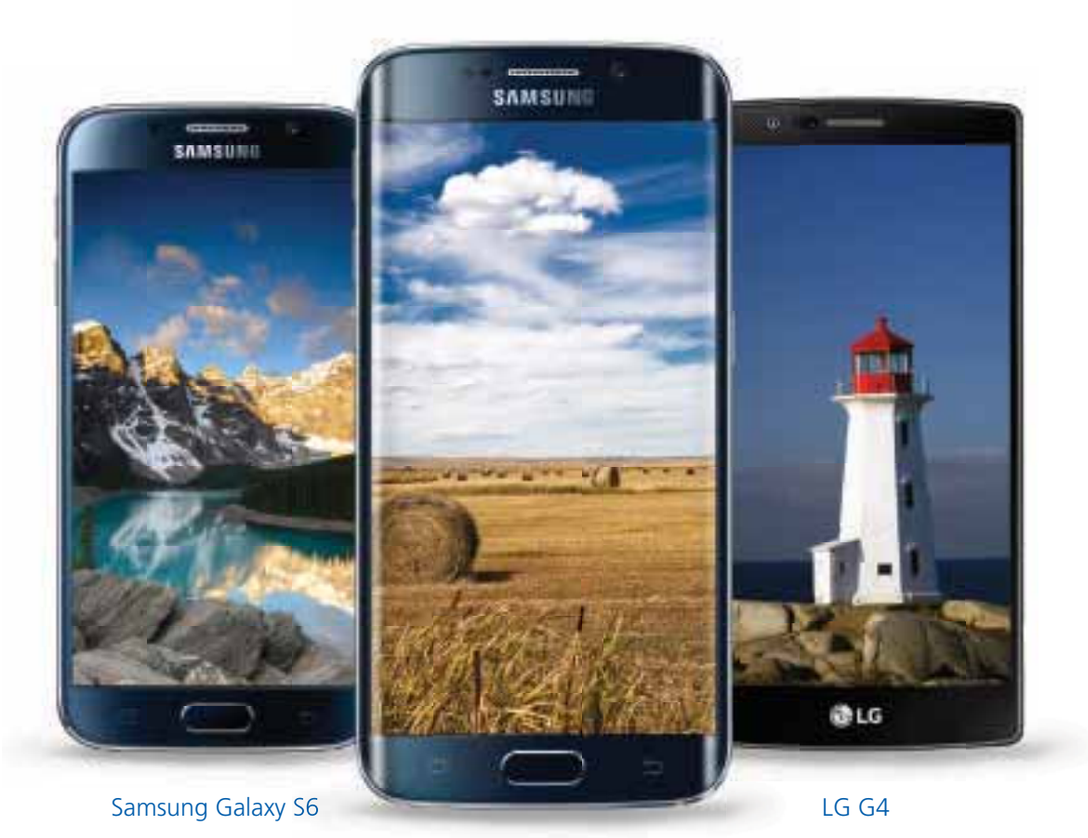

Samsung Galaxy S6 Samsung Galaxy S6 Edge LG G4

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